

Fax No.: 23381495

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D.O.No.6-11/2010-RGSEAGegrams: WOMEN CHILD

भारत सरकार

महिला एवं बाल विकास मंत्रालय

GOVERNMENT OF INDIA

MINISTRY OF WOMEN & CHILD DEVELOPMENT

Tele/Fax: 23074215

Archana S. Awasthi

शास्त्री भवन, नई दिल्ली-110 001, दिनांक

Shastri Bhawan, New Delhi-110 001, Dated

8.3.2011

Dear.

Director

This is in continuation to this Ministry's letter dated 14.12.2010 vide which the guidelines for implementation of the Sabla Scheme were communicated.

Annexure 3 and 7 of the guidelines which were left out i.e. the formats for the Kishori Card, the Sabla Register and Monthly Progress Report are enclosed herewith. States/UTs may get these translated in regional languages as required and print accordingly. (A printed prototype of the Kishori Card will also be shared with you at an early date).

Annexure 6, i.e. the Statement of Expenditure, Utilization Certificate and Quarterly and Annual Physical and Financial Reporting formats would be shared with you shortly.

With warm regards,

Yours sincerely,

(Archana S. Awasthi)

To Secretaries (dealing with 1078/Sabla)
States/ UTs.

D. Nutrition Type: (Tick one) Hot Cooked Meal (HCM) OR Take Home Ration (THR)

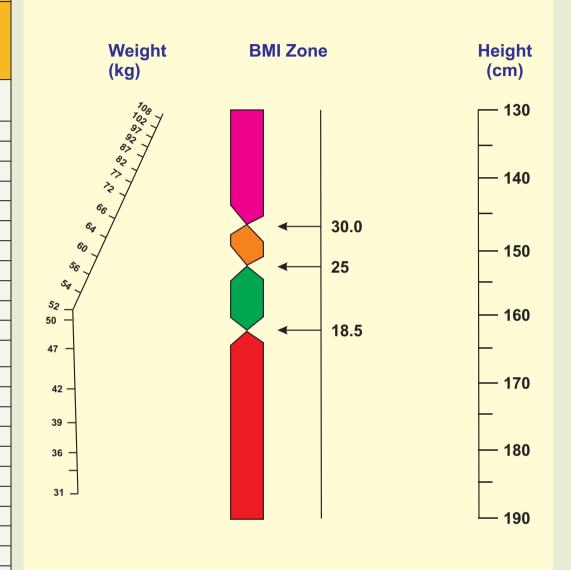
						Y	ear 2					
Months→ Days ↓	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
1												
2												
3												
4												
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28												
29		-										
30		-										
31-	-			-		-	-					
Total												

IMPORTANT MILESTONES with Dates like joining school, dropping out, passing class, marriage, child birth, onset of puberty, etc.

2			
2			

Calculation of BMI

Match your weight against your height and join the two points together to identify BMI



Correlation between BMI Zone and Nutritional Status

Red : Less than 18.5 : Malnourished

Green : 18.5-25 : Normal

Orange : 25-30 : Mildly Overweight

Pink : 30 or more : Overweight

How to use the BMI chart:

- 1. Put a dot on the weight of the AG.
- 2. Put a dot on the height of the AG.
- 3. Connect the two dots with a straight line.

The zone where the line cuts the BMI zone will indicate the BMI status of the AG.

Reference: Dietary Guidelines for Indians, National Institute of Nutrition, Hyderabad, 1999, Pg. No. 45

Get your BMI assessed every quarter to know your nutritional status.



RAJIV GANDHI SCHEME FOR EMPOWERMENT OF ADOLESCENT GIRLS (RGSEAG – SABLA)



KISHORI CARD

Section A & B - For both School going & Out of School Girls Age 11-18 years

Section C - Only Out of School Adolescent Girls

Section D - 11 - 14 years: Only Out of School Girls &

14 – 18 years: All Girls

This card is to be filled by the Kishori with help of Sakhi / Saheli. Section C will be filled by the Health worker.

Particu	ıla	rs	0	f tl	ne	A	ng	jar	ıw	ac	li (Ce	nt	re			
ID No. of AWC							,	Vill	ag	е							
Name of AWC								Dis	tric	ct							
A. Identific	ati	on	P	ar		cu AG		S	of	A	ob	les	C	en	it (Gir	1
SI. No.* (*'SI. No.' of part B of SABLA Register)	Aa if a	dhai availa	No able	٠.													
First Name, Middle Name, Last Name																	
Date of Birth	d		d	m	r	n	У)	/		_	e (mp	let	ed	
Father's Name																	
Mother's Name																	
School Status		Ì	n s	k o sch f S	ool			L	.as	t cla	las						
Address																	



B. Guidance / Counselling Sessions (No. of Sessions attended)** Quarters Year 1

Quarters			ar 1	th.
Topic	1 st (Apr-June)	2 nd (Jul-Sept)	3 rd (Oct – Dec.)	4 th (Jan-Mar.)
		Write dat	e	
Nutrition & Health Education sessions (minimum 2 in a quarter)				
Family Welfare, ARSH & child care practices sessions (minimum 3 in a quarter)				
Life Skill Education sessions (minimum 2 in a quarter)				
Exposure visit (attach details) -post offices, bank,/ police station, etc (minimum 2 to each of them in one year)				
Quarters		Ye	ar 2	
T	1 st (Apr-June)	2 nd (Jul-Sept)	3 rd (Oct – Dec.)	4 th (Jan-Mar.)
Topic		Write da	ite	<u> </u>
Nutrition & Health Education sessions (minimum 2 in a quarter)				
Family Welfare, ARSH & child care practices sessions (minimum 3 in a quarter)				
Life Skill Education sessions (minimum 2 in a quarter)				

^{**} For each Guidance/ Counselling session attended, put date in the relevant column against the relevant topic.

them in one year)



C. Health Services Year 1 Quarters -Date of Health Check-up Height (in cms.) Weight (in Kgs.) BMI *** Status: N - Normal M - Malnourished Provided No. of IFA **Tablets** Consumed (Write whichever Referral is correct) Services Yes received No Year 2 Quarters — 4th (Jan-Mar.) (Apr-June) Date of Health Check-up Height (in cms.) Weight (in Kgs.) BMI*** Status N – Normal M - Malnourished Provided No. of IFA **Tablets** Consumed (Write whichever Referral is correct)

*** Formula: BMI (in kg/m²) = Weight (in kg) \div (Height in m)² (BMI below 18.5 is underweight and BMI between 18.5 & 23.5 is normal – see chart on leaf 6)

Yes

No

Services

received

D. Nutrition Type: (Tick one) Hot Cooked Meal (HCM) OR Take Home Ration (THR)

						Ye	ear 1					
Months→ Days ↓	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
1												
2												
3												
4												
5 6												
7												
8												
9												
10												
11												
12												
13												
14												
15												
16												
17												
18												
19												
20												
21												
22												
23												
24												
25												
26												
27												
28												
29												
30												
31												
Total												

IMPORTANT MILESTONES with Dates like joining school, dropping out, passing class,	marriage,
child birth, onset of puberty, etc.	

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^{3.}_____

Cover page

RAJIV GANDHI SCHEME FOR EMPOWERMENT OF ADOLESCENT GIRLS - Sabla REGISTER

Department of Women and Child Development [Name of State/UT]

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_	П	กว	nn	12	ı 1	∕ea	r	
		ı ıa		ıa		 a		-

Date of Opening of Register:	AWC No.:
Name of Village/Mohalla /Locality:	Address of AWC:
Name of Sector:	
Name of Project:	Name of AWW:
Name of District/City:	Name of AWH:



Ministry of Women & Child Development

PART A: RGSEAG - Sabla REGISTER BASELINE DATA

BASE	LINE SURVEY	SHEETS : Pa	art 1									Page	e No :		
Name	of the AWC		AWC No.	Anganwadi a	iddress (St	treet / To	la / Mohal	la/Block) :				Date	of start o	of survey:	
Nama	of Block/Project			Name of Anga	anwadi W	orker/ su	rveyor:					Date	of end of	survey:	
Name	of Biock/Froject											Date penci		odate: (may be f	illed in
					•										
1		2	3	4		5		6	7			8		9	10
S. No.	Name	e of AG	Name of the father/ guardian (First, Middle, Surname)	Name of the mother (First, Middle, Surname)		Category	,	Date of Birth of the AG (if available) dd/mm/yyyy	Age as on 01/01/2011	Ado ca	8 (a) colescent tegory 14 years	8 (Adole categ 14 – 18	escent gory	Education status (Completed Class)	Enrolled under Sabla Y / N
	Name	Surname			SC	ST	Others			SG	oos	SG	oos		
1															
2															
3															
4															
5															
6															

LEGEND

AG	Adolescent Girl
SG	School going
oos	Out of School

PART B: RGSEAG - Sabla REGISTER

MONTH:

Table 1

		Identifica Ad	ition Part olescent (of		No. of No. of days Guidance/Couns Nutrition was		Health	Services provided	during the	month		Training (VT) for ove 16 years	Reason for exit from scheme
		Age (in	Entry s			ol Status k one)	eling Sessions attended during	received by AG during the	Attended Health	Malnourished (as per Body Zone chart in Kishori		A Tablets	Name of Trade	No. of VT Sessions attended in the	1. Completion of 18
S. No.	First Name, Last Name	completed years)	From previous month	New entry	In school	Out of school	the month (from individual record)	month (from individual record)	Check-up Yes: Y No: N	card) Yes: Y No: N	Provided	Consumed	Enrolled For ('N' if not enrolled)	month ('N' if not applicable)	2. Out migration 3. Death
1	2	3	4 a	4 b		5	6	7	8	9	10	11	12	13	14
Adoles	scent Girls: 1	11 – 14 year	s					•						•	
1															
2															
3															
Total:															
Adoles	scent Girls: 1	L4 – 18 year	S		1	1	1	1		1		1	1	1	,
1															
2															
3															
Total:															

Note:

In school 11 – 14 years	Fill information till column 6 only
In school 14 – 18 years	Fill information till column 7 only
Out of school 11 – 18 years	Fill information till column 11 only
Out of school AG > 16 years	Fill columns 12 & 13 also.
Column 14 will be filled for any AG exiti	ng the Scheme.

Table 2: Monthly Summary: Number of Adolescent Girls

	Total in the Anganwadi area (Total of listed in column 2 of Part A) 1	Enrolled from previous month (Total of AGs in column 4 a) 2	New Entries (Total of AGs in column 4 b) 3	AGs exited from Sabla (Total of AGs in column 14) 4	Total beneficiaries = Column 4 a + Column 4 b – Column 14 5
•					

PART C: INDIVIDUAL RECORD OF BENEFICIARIES

6 11	• •	-		1.6			-	•	0.0			-	• • •				_	44.4																							
Section A & B: To be filled for both School going & Out of School Adolescent Girls Age 11-18 Section C: To be filled for all Out of School Adolescent Girls only											IS A	ears																													
												•	10		- 0	Cal		:-	~ ^ ^	ممامم			la . 1.	4 40																	
Section													- 18	year	5 &	Scr	1001	goin	ig A	aoies	scen	it Gir	IS : 14	4-18	yea	rs	1											1			
A. Identificat	tion I	artic	ulars	SI	. No.						iddle																														
		1 1		1		-	Д.	Nam	e, La	st Na	me		_	_									<u> </u>							l			<u> </u>	1		_					
Father's Name																		M	loth	er's l	Nan	ne																			
														1							Sch	nool S	Statu	s: (T	ick o	ne)			So	chool	Entr	y / I	Re – e	entry	/ da	te_					ı
Date of Birth :	d	d	m	m	У	У			Age	•											Scho	ool g	oing		Out	of s	choo														
							(i	n co	mple	ted y	ears)):								Class: Last studied: Month of Dropping out of School								_													
Address :																																									
B. Guidance	/ Co	ınsell	ing So	essio	ns ı					Qι	arter	s										. st					- nd					_ rd							-th		
(No. of se			_		\									-				•		1 st (Apr. – June)				(Ju	2 nd uly – Sep	t.)			(0	3 rd Oct. – 0				4 th (Jan March)							
Nutrition & He	ealth	Educa	tion se	essio	ns (mi	nimu	ım 2	in a	quar	ter)																															
Family Welfar	e, AR	SH & c	hild c	are p	ractic	es se	essio	ns (n	ninim	ium :	3 in a	qua	arte	r)																											
Life Skill Educa	ation	sessio	ns (m	inim	um 2	in a	quai	rter)																																	
Exposure visit one year)	(atta	ch det	ails) - _l	oost	offices	s, baı	nk, p	olice	stati	on, e	etc (n	niniı	mun	1 2 to	eac	ch o	f the	m in	1																						
one year y																																									
C. Health Ser	rvice	5↓								Qı	arter	·s		_			-	>				1 st . – June	·)			(Ju	2 nd uly – Sep	ot.)	T		(0	3 rd Oct. – 0							4 th - Marc	:h)	
Date of Healt	h Che	ck up																																							
Height (In cm	s.)																																								
Weight (In kg	s.)																																								
BMI : (in kg/m	1²) = \	Neigh	t (in k	g) ÷ (Heigh	t in ı	m)²*																																		
Status: N – Normal ; M - Malnourished																																									
No. of IFA Tablets Provided																																									
Consumed																																									
Referred (Yes	Referred (Yes / No)																																								

^{* (}BMI below 18.5 is underweight and BMI between 18.5 & 23.5 is normal – see chart on last page of Kishori Card)

D. Nutrition	Months →												
	Days	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
(Tick one)	↓ .					,				'			
(Tick one)	1												
	2												
Hot Cooked Meal (HCM)	3												
	4												
OR	5												
	6												
Take Home Ration (THR)	7												
Take Home Ration (Till)	8												
	9												
	10												
	11												
	12												
	13												
	14												
	15												
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	23												
	24												
	25												
	26												
	27												
	28												
	29												
	30												
	31												
[Total number of days SNP receive	d by AGs]												

IMPORTANT MILESTONES with Dates like joining school, dropping out, passing class, marriage, child birth, onset of puberty, etc.

1	
2.	
3.	
4	

INSTRUCTIONS FOR FILLING UP THE RGSEAG - Sabla REGISTER

- **A.** What is the purpose of the RGSEAG *Sabla* register: The RGSEAG *Sabla* register is meant to identify and keep a record of all Adolescent Girl (AG) beneficiaries under the Scheme. Every financial year a new register is to be opened.
- **B.** How is the register organized? There is a cover page and Parts 'A', 'B' and 'C' of the RGSEAG Sabla register:
 - i. Part A includes the summary record of the Adolescent Girls (AGs) who have been mapped as part of the baseline survey conducted for the Scheme in the AWC area and whether they are enrolled under the Sabla Scheme.
 - ii. Part B is the monthly record of *Sabla* beneficiaries (ie. those enrolled under the *Sabla* Scheme) in the AWC area. This part has to be filled for every month as a separate sheet in the register.
 - iii. Part C is the individual record of each AG beneficiary availing the benefits of the RGSEAG Sabla scheme in the AWC area.

C. How is the register to be used?

- i. The Anganwadi worker will fill in the cover page and the leafs for the baseline data conducted before the commencement of the Scheme. Column 10 of Part A will be marked if the AG is an actual beneficiary of the Scheme.
- ii. When an AG comes to the AWC to enroll herself under RGSEAG *Sabla*, first the AWW will need to see if the name and details of the AG are a part of the baseline data ie. Part A of the register. If the AG is eligible, the AG becomes a beneficiary under the Scheme and her details will be added in Part B of the register. If she is a new entrant, her entry will be made in Part A, B and C of the register.

D. How to fill the register?

- i. Cover page: There are 11 items which need to be filled on cover page.
 - Write the name of State/UT.
 - Write the Financial Year and then date of opening of the register in that financial year. For 2010-2011 the date of opening of register will be the date of start of RGSEAG - Sabla baseline survey in dd/mm/yy format. For eg. 16.11.10
 - Write the AWC number, the name of village/ mohalla / locality and the address of the AWC.
 - Write the name of the ICDS sector and project as well as the district / city under which the AWC falls.

- Name of the AWW and AWH will be written here.
- ii. Part A of RGSEAG Sabla register: It is the summary record of all the AGs in the AWC area.
 - This will start with the baseline survey data in Part A.
 - In column 10 of this sheet, if the AGs are actually availing benefits under the *Sabla* Scheme, then a 'Y' has to be put against their name and if they are not availing benefits of the *Sabla* Scheme, 'N' has to be put against their name.
 - The data in this sheet needs to be updated every 6 months for new entries and updation on school status.
 - The date of last update also has been added in this sheet, which may be filled in pencil as this date will need to be changed often.
- **Part B** of the RGSEAG Sabla register: It is the monthly record of beneficiaries to be filled in the month for which the entries are being recorded for the AGs.

<u>Table 1:</u>

- Details of AGs in the 11 14 years age group and 14 18 years age group will be listed under correct category.
- For in school AGs 11 14 years, information till column 6 only will need to be filled since these girls may avail non-nutrition services a month.
- For in school AGs14 18 years, information till column 7 only will be filled as they are eligible for the nutrition component.
- For out of school AGs 11 18 years, information till column 11 will be filled.
- For out of school AGs above 16 years, information in columns 12 and 13 about Vocational Training will also be filled.
- Column 14 will be filled in case of an AG going out of the Scheme. There are
 codes for the 3 reasons as to why this may happen. The correct code should
 be filled against the AGs name. The name will then not be carried over to the
 next month's record.
 - 1. Completion of 18 years.
 - 2. Out migration
 - 3. Death
- Column 1 5 will be filled up at the beginning of the month.
 - Column 1: the serial number of the entry has to be put in this column.
 - ✓ <u>Column 2:</u> the name for every AG who is a beneficiary of the Sabla Scheme has to be written. The name will be in the 'First', 'Middle' and 'Last' name format as she wants it to be written.
 - ✓ Column 3: the age of the AG in completed years has to be filled, eg. if she is 12 years 4 months, 12 will be filled. .
 - ✓ <u>Column 4:</u> The column will indicate whether the AG has joined the Scheme in the current month (either because she has become 11 years or shifted to

- the AWC area or decides to avail the services) **OR** the entry is carried over from the last month. Relevant column 4 a or 4 b will be ticked.
- ✓ <u>Column 5:</u> The school status for the AG has to be filled. If the AG is in school, a tick has to be put against her name under that column and if she is out of school, then a tick has to be put likewise under that column against her name.
- Columns 6 14 will be filled at the end of the month. These are the summary of the details of benefits availed by all the AG beneficiaries, which are to be taken from the individual record of the AG beneficiaries ie. Part C of the Sabla register.
 - ✓ **Column 6:** The number of Guidance / Counseling sessions attended during the month by the AG has to be filled in this column.
 - ✓ Column 7: The number of days Nutrition was received by AG during the month has to be filled in this column.
 - ✓ <u>Column 8:</u> In this column, whether the AG attended Health Check-up or not has to be filled. 'Y' is written if she has attended and 'N' for No, ie she has not attended.
 - ✓ <u>Column 9:</u> The nutritional status of AG needs to be put in this column to see if she is malnourished as per Body Zone chart on the last page of the Kishori card. If she is malnourished, then a 'M' has to be put and 'N' is she is normal nutrition status.
 - ✓ <u>Column 10:</u> The number of IFA tablets provided in the month to every AG will be put under this column.
 - ✓ <u>Column 11:</u> The number of IFA Tablets consumed in the month by every AG will be put under this column. This will be self reported by the AGs or by the Sakhi / Saheli.
 - ✓ <u>Column 12:</u> For an AG above 16 years of age, if she is receiving Vocational any Training (VT), the name of the trade has to be filled. If she is not receiving vocational training, then 'N' has to be written.
 - ✓ Column 13: For an AG above 16 years of age receiving Vocational Training (VT), the number of sessions she has attended in the month has to be filled. If not, then 'N' has to be written as it is not applicable.
 - ✓ **Column 14:** Reason for exit from scheme has to be put down in this column as relevant for any girl leaving the Scheme. The reasons are coded as under:
 - 1. Completion of 18 years.
 - 2. Out migration
 - 3. Death

Table 2: This is the monthly summary to be filled at month end.

<u>Column 1:</u> The total number of AGs in the AWC area will need to be filled. This will be the total of AGs listed in Part A of the register.

<u>Column 2:</u> The number of AGs who have been enrolled from the previous month has to be filled. This will be the total ticks (\checkmark) in Column 4(a).

<u>Column 3:</u> The number of AGs who are new entries in the month has to be filled. This will be the total ticks (\checkmark) in Column 4(b).

<u>Column 4:</u> The number of AGs who have exited from the Sabla Scheme in the month has to be filled. This will come from Column 14.

<u>Column 5:</u> The total number of AGs who are beneficiaries of the Sabla Scheme for the month has to be filled. This calculation has to be done by adding column 2 and 3 and subtracting column 4 from this.

iv. PART C: Individual Record Of Beneficiaries

- This part will be filled only for AGs actually availing the services under *Sabla*. The sheet will be for the full year.
- <u>Section A & B:</u> is to be filled for both School going & Out of School Adolescent Girls Age 11-18 years
- Section C: is to be filled for all Out of School Adolescent Girls only
- <u>Section D:</u> is to be filled for all Out of School Adolescent Girls: 11 18 years & School going Adolescent Girls: 14-18 years since this is for the nutrition component.
- > <u>Section A</u> are the Identification Particulars of the AG which includes the following fields:
 - Serial number of the entry. This will be starting from 1 and will be continuously marked. If an AG leaves the Scheme, the number will not be re-allotted.
 - Her first name, middle name and last name. One alphabet has to be filled in each block.
 - Her father's name
 - Her mother's name
 - Her date of birth in dd/mm/yy format
 - Her age in completed years (as in Column 3 of Part B)
 - Her school status. If she is in school, then tick (✓) the same and put the class she
 is studying in. If the AG is out of school or a dropout, then tick (✓) against out of
 school, and the last class she has studied till. If she has never gone to school, then
 '0' has to be written.
 - The date of school entry or re-entry in dd/mm/yy format in case of an out of school AG.

- Month of dropping out of school in case of a school going AG.
- Address of the AGs residence
- ➤ <u>Section B</u> includes the record of the number 'Guidance / Counselling Sessions' attended by the AG in each quarter (the number has to be written under each quarter) which includes the following fields:
 - Nutrition & Health Education sessions, for which a minimum of 2 sessions must be attended in every quarter. For the 2 sessions, date entry is made in the Kishori Card. For more than 2 sessions, a (✓) may be put under the relevant quarter for each additional session.
 - Family Welfare, ARSH & child care practices sessions, for which a minimum of 3 sessions must be attended in every quarter. Above instruction may be seen.
 - Life Skill Education sessions, for which a minimum of 2 sessions must be attended by each AG in every quarter. Above instructions may be seen.
 - Exposure visit to post offices, bank, police station, etc., for which a minimum of 2 visits to each facility must be made by every AG in one year. The name of the places visited may also be mentioned.
- Section C includes the record of the 'Health Services' received by the AG in each quarter.
 There are the following fields:
 - The date of health check up has to be mentioned under every quarter. Usually, this will be on the Kishori Diwas.
 - The height of the AG in centimeters as taken on the day of the health check up has to be mentioned under every quarter. Usually, this will also be on the Kishori Diwas.
 - The weight of the AG in kilograms as taken on the day of the health check up has to be mentioned under every quarter. Usually, this will also be on the Kishori Diwas.
 - The Body Mass Index (BMI) of the AG, to be calculated in kilograms per metre square (kg / m²). For this, the weight of the AG in kilograms has to be divided by her height in metre square.
 - The nutrition status of the AG, wherein
 - o If BMI between 18 and 23.5 normal status: 'N' is to be written.
 - o If BMI less than 18.5 malnourished status: 'M' is to be written.
 - Number of IFA tablets has to be recorded for every quarter with details about number of IFA tablets provided to the AG and the number of IFA tablets consumed by her. Consumption will be self reported or by Sakhi / Saheli.

- The referral status has to be entered. If the AG has received referral, then 'Yes' has to be put for her in the relevant quarter and 'No' if she has not been referred for availing medical services at a health facility. The reason for referral can also be put here.
- ➤ Section D: includes the record of the 'Nutrition' received by the AG on a daily basis for every month in the year. Here first the mode of nutrition needs to be ticked, ie. whether hot cooked meal is being provided or take home ration. After this, a tick (✓) has to be put under next to every date row in each month for which the nutrition has been provided. A total has to be done at the end of the table, which will give the number of days nutrition has been provided to the AG in the month. For eg. If THR is given fortnightly, then 12 (✓) can be put against those 2 weeks (leaving the Sundays).
 - > There is space for marking some important milestones in the life of the AGs. The events shown are indicative. Any significant / relevant milestone can be recorded here.

Monthly Progress Report of RGSEAG - SABLA by AWW

1)	Reporting Month and Year:		/		
,					
2)	Name of AWC and Code:		/		
3)	Name of Sector, Project and District:		/	/	
4)	Beneficiary Coverage:				
	4(A). Nutrition Component:				
	Category		No. of Be	eneficiaries	
		Take Ho	me Ration (THR)	Hot Cooke	ed Meal (HCM)
ļ	(a) 11–14 years: Out of School				
ŀ	(b) 14 – 18 years: All				
ŀ	In-School Out of School				
Ĺ	•Out of School				
	(i) Total Nutrition Days in the month	N) ished (M) ght (in kg) ÷	(Height in m)²	is normal)	
	4(B). Non-Nutrition Component:				
ĺ		Subject			No. of girls
	(a) Received IFA tablets				
	(b) Received Health check-up				
	(c) Attended 2 Nutrition & Health Education				
ŀ	(d) Attended 3 Family Welfare, ARSH &		actices counseling		
	(e) Attended 2 Life Skill Education couns (f) Exposure visit to at least 1 public serv		otoilo\		
	(g) Vocational Training received (16-18 y				
Į	(g) Vocational Training received (10-18 y	ears) (Allacri	ueians)		<u> </u>
5)	Total number of Guidance / Counselin	g Sessions of Subject	conducted during the	month:	No. of Sessions
ŀ	(a) Nutrition & Health education				
ŀ	(b) Family Welfare				
	(c) ARSH				
	(d) Child care practices				
	(e) Life skill education				
6)	New entrants into and Exit from the So	cheme:			
٥,	New Entrants	oneme.		Exit	
	Reason	No.	Reason		No.
	Dropped out of school		Entry / re-entry into	school	
	Turned 11 years		Completed 18 year	rs	
	Any other		Any other		
7)	Kishori Samooh:				
	(a) No. of Kishori Samooh				
	(b) No. of members of Kishori Sam				
ŀ	(c) No. of Kishori Samooh meetings	s held			
Ĺ	(d) Sabla Kit available (Yes / No)				
8)	Kishori Diwas celebrated during the mon	th		Yes / N	0
9)	Non – nutrition services provided at AWC	C / School / P	anchayat Bhawan / An	y other (mention)	-
-	Meeting of Village Monitoring and Supervision		_		Yes / No
11)	Were RGSEAG - SABLA issues discuss	ed at Village	Health and Sanitation	Committee meeti	ng:

12) Three key prob	olems you are facing with regard to SABLA Scheme	
i		
ii iii.		
Name of AWW:	Signature of AWW:	Date:

Monthly Progress Report of RGSEAG - SABLA by Supervisor

)	Reporting Month and Year:							
	a. Name of Sector, Project and D	ietrict:						
	· · · ·			/	/			
	b. Number of AWCs in the Secto	r:		_				
	Number of AWCs for which MPR	is being submit	ted:					
	Beneficiary Coverage:							
	4(A). Nutrition Component:							
	Category			of Beneficiari				
	() 11 11		lome Ration (THR) Hot	t Cooked	Meal (HCM)		
	(a) 11- 14 years: Out of School (b) 14-18 years: All	ool						
	•In-School							
	 Out of School 							
		s with Nutritional (rmal (N) alnourished (M)	Grades					
	* <u>Formula</u> : BMI (in kg/m²)	· /—	÷ (Height in m)²					
	(BMI below 18.5 is underw			23.5 is norma	al)			
	(======================================				,			
1	4(B). Non-Nutrition Component:							
		Subject				No. of girls		
	(a) Dessived ITA tablets					3		
	(a) Received IFA lablels							
	(a) Received IFA tablets (b) Received Health check-up							
			ounseling					
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar	alth Education Co e, ARSH & Child (nseling				
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ	alth Education Co e, ARSH & Child (ation counseling	Care Practices cou	nseling				
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least	alth Education Co e, ARSH & Child (ation counseling I public service (a	Care Practices cou	nseling				
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ	alth Education Co e, ARSH & Child (ation counseling I public service (a	Care Practices cou	nseling				
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years)	Care Practices cou attach details) (Attach details)					
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme:	Care Practices countach details) (Attach details) s conducted durin	g the month Exi	t	_		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S Reason	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years)	Care Practices countrach details) (Attach details) s conducted durin	g the month Exi	t	No.		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S Reason Dropped out of school	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme:	Care Practices cou	easons ry into school	t	_		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S New Entrants Reason Dropped out of school Turned 11 years	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme:	Care Practices countrach details) (Attach details) s conducted durin Re Entry / re-ent Completed 18	easons ry into school	t	_		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S Reason Dropped out of school	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme:	Care Practices countrach details) (Attach details) s conducted durin Re	easons ry into school	t	_		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S New Entrants Reason Dropped out of school Turned 11 years	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme:	Care Practices countrach details) (Attach details) s conducted durin Re Entry / re-ent Completed 18	easons ry into school	t	_		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S New Entrants Reason Dropped out of school Turned 11 years Any other Kishori Samooh:	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme:	Care Practices countach details) (Attach details) s conducted durin Re Entry / re-ent Completed 18 Any other	easons ry into school	t	_		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S New Entrants Reason Dropped out of school Turned 11 years Any other A) No. of of Kishori Samoh:	alth Education Co e, ARSH & Child (ation counseling) I public service (a red (16-18 years) nseling Sessions cheme: No.	Care Practices countant details) (Attach details) s conducted durin Re Entry / re-ent Completed 18 Any other	easons ry into school	t	_		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S New Entrants Reason Dropped out of school Turned 11 years Any other Any other a) No. of of Kishori Sam b) No. of Sakhi / Sahelis	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme: No.	Care Practices countant details) (Attach details) (Attach details) s conducted durin Re Entry / re-ent Completed 18 Any other	easons ry into school	t	_		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S New Entrants Reason Dropped out of school Turned 11 years Any other Kishori Samooh: a) No. of of Kishori Sam b) No. of Sakhi / Sahelis c) No. of AWCs where S	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme: No. ooh formed (cum s trained in the mo Sabla Kits availab)	Care Practices countant details) (Attach details) (Attach details) s conducted durin Re Entry / re-ent Completed 18 Any other	Exicasons ry into school 8 years	t	No.		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S New Entrants Reason Dropped out of school Turned 11 years Any other Any other a) No. of of Kishori Sam b) No. of Sakhi / Sahelis	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme: No. ooh formed (cum s trained in the mo Sabla Kits availab)	Care Practices countant details) (Attach details) (Attach details) s conducted durin Re Entry / re-ent Completed 18 Any other	Exicasons ry into school 8 years	t	_		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S New Entrants Reason Dropped out of school Turned 11 years Any other Kishori Samooh: a) No. of of Kishori Sam b) No. of Sakhi / Sahelis c) No. of AWCs where S	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme: No. ooh formed (cum s trained in the mo Sabla Kits availab)	Care Practices countant details) (Attach details) (Attach details) s conducted durin Re Entry / re-ent Completed 18 Any other	Exicasons ry into school 8 years Place AWC	t	No.		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S New Entrants Reason Dropped out of school Turned 11 years Any other Kishori Samooh: a) No. of of Kishori Sam b) No. of Sakhi / Sahelis c) No. of AWCs where S	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme: No. ooh formed (cum s trained in the mo Sabla Kits availab)	Care Practices countant details) (Attach details) (Attach details) s conducted durin Re Entry / re-ent Completed 18 Any other	Exicasons ry into school 8 years Place AWC School		No.		
	(b) Received Health check-up (c) Attended 2 Nutrition & He (d) Attended 3 Family Welfar (e) Attended 2 Life Skill Educ (f) Exposure visit to at least (g) Vocational Training receiv Total number of Guidance / Cour New entrants and Exit into the S New Entrants Reason Dropped out of school Turned 11 years Any other Kishori Samooh: a) No. of of Kishori Sam b) No. of Sakhi / Sahelis c) No. of AWCs where S	alth Education Co e, ARSH & Child (ation counseling I public service (a red (16-18 years) nseling Sessions cheme: No. ooh formed (cum s trained in the mo Sabla Kits availab)	Care Practices countant details) (Attach details) (Attach details) s conducted durin Re Entry / re-ent Completed 18 Any other	Exicasons ry into school 8 years Place AWC		No.		

Number of villages wr	ere meeting of Monitoring and Super	vision Committee held during the month	í
		cussed at Village Health and Sanitation	
Give three key proble	ns with regard to RGSEAG - SABLA S	scheme and action taken by you	
a) Problems:			
b) Action Taken:			
-			
	Number of AWCs whe Committee meeting: Give three key probler a) Problems:	Number of AWCs where RGSEAG - SABLA issues were dis Committee meeting: Give three key problems with regard to RGSEAG - SABLA S a) Problems: b) Action Taken:	Number of AWCs where RGSEAG - SABLA issues were discussed at Village Health and Sanitation Committee meeting: Give three key problems with regard to RGSEAG - SABLA Scheme and action taken by you a) Problems: b) Action Taken:

Monthly Progress Report of RGSEAG - SABLA by CDPO

	Reporting Month and Year:			/_	
	a. Name of Project and District:				
	b. No. of Sectors in the Project:				
	•				
	c. No. of AWCs in the Project:	B		_	
	No of AWCs for which the MPR is	being submitted	l :		
	Beneficiary Coverage:				
١)	. Nutrition Component				
	Category		No.	of Beneficiaries	
L			me Ration (THR	l) Hot C	ooked Meal (HCM)
L	a. 11–14 years: Out of School	ol			
L	b. 14 – 18 years: All				
L	(i) In-School				
_	(ii) Out of School				
		0 . 0,	(Height in m) ²	23.5 is normal)	
(I	B). Non-Nutrition Component:				
		Subject			No. of girls
	a) Received IFA tablets				
	b) Received Health check	r-up			
	c) Attended 2 Nutrition &				
L	d) Attended 2 Family Wel			s counseling	
	e) Attended 3 Life Skill Ed		ng		
H		st 1 hublic service			
L			(attach details)	,	
	g) Vocational Training rec	ceived (16-18 yea	e (attach details) rs) (Attach details		
		ceived (16-18 yea	e (attach details) rs) (Attach details		
	g) Vocational Training red Total number of Guidance / Couns New entrants and Exit into the Sci	ceived (16-18 yea	e (attach details) rs) (Attach details conducted durir	ng the month	Number
	g) Vocational Training rec Total number of Guidance / Couns New entrants and Exit into the Sci New Entrants Reason Dropped out of school	seived (16-18 yea seling Sessions of heme:	e (attach details) rs) (Attach details conducted durir	ng the month	Number
	g) Vocational Training recommendation of Guidance / Counsel New entrants and Exit into the Science New Entrants Reason Dropped out of school Turned 11 years	seived (16-18 yea seling Sessions of heme:	e (attach details) rs) (Attach details conducted durir	Exit easons	Number
	g) Vocational Training rec Total number of Guidance / Couns New entrants and Exit into the Sci New Entrants Reason Dropped out of school	seived (16-18 yea seling Sessions of heme:	e (attach details) rs) (Attach details conducted durir R Entry / re-ent	Exit easons	Number
	g) Vocational Training recommendation of Guidance / Counsel New entrants and Exit into the Science New Entrants Reason Dropped out of school Turned 11 years	seived (16-18 yea seling Sessions of heme:	e (attach details) rs) (Attach details conducted durir R Entry / re-ent Completed 1	Exit easons	Number
	g) Vocational Training red Total number of Guidance / Couns New entrants and Exit into the Sci New Entrants Reason Dropped out of school Turned 11 years Any other	seived (16-18 yea seling Sessions of heme: Number	e (attach details) rs) (Attach details) rs) (Attach details) conducted durin Ri Entry / re-ent Completed 1 Any other	Exit easons	Number
	g) Vocational Training red Total number of Guidance / Couns New entrants and Exit into the Sci New Entrants Reason Dropped out of school Turned 11 years Any other Kishori Samooh:	seling Sessions of heme: Number	e (attach details) rs) (Attach details) rs) (Attach details) conducted durin Ri Entry / re-ent Completed 1 Any other	Exit easons	Number
	g) Vocational Training recommendation of Guidance / Counse New entrants and Exit into the Science Reason Dropped out of school Turned 11 years Any other Kishori Samooh: a) No. of of Kishori School Schoo	seling Sessions of heme: Number amooh formed (collis trained in the re Sabla Kits avail	e (attach details) rs) (Attach details) rs) (Attach details) conducted durin Re Entry / re-ent Completed 1 Any other umulative) month	Exit easons	Number
	g) Vocational Training recommendation of Guidance / Counse New entrants and Exit into the Science Reason Dropped out of school Turned 11 years Any other Kishori Samooh: a) No. of of Kishori Sahoi / Sah	seling Sessions of heme: Number amooh formed (collis trained in the re Sabla Kits avail	e (attach details) rs) (Attach details) rs) (Attach details) conducted durin Re Entry / re-ent Completed 1 Any other umulative) month	Exit easons try into school 8 years	Number No.
	g) Vocational Training recommendation of Guidance / Counse New entrants and Exit into the Science Reason Dropped out of school Turned 11 years Any other Kishori Samooh: a) No. of of Kishori School Schoo	seling Sessions of heme: Number amooh formed (collis trained in the re Sabla Kits avail	e (attach details) rs) (Attach details) rs) (Attach details) conducted durin Re Entry / re-ent Completed 1 Any other umulative) month	Exit easons try into school 8 years Place AWC	
	g) Vocational Training recommendation of Guidance / Counse New entrants and Exit into the Science Reason Dropped out of school Turned 11 years Any other Kishori Samooh: a) No. of of Kishori School Schoo	seling Sessions of heme: Number amooh formed (collis trained in the re Sabla Kits avail	e (attach details) rs) (Attach details) rs) (Attach details) conducted durin Re Entry / re-ent Completed 1 Any other umulative) month	Exit easons try into school 8 years Place AWC School	No.
	g) Vocational Training recommendation of Guidance / Counse New entrants and Exit into the Science Reason Dropped out of school Turned 11 years Any other Kishori Samooh: a) No. of of Kishori School Schoo	seling Sessions of heme: Number amooh formed (collis trained in the re Sabla Kits avail	e (attach details) rs) (Attach details) rs) (Attach details) conducted durin Re Entry / re-ent Completed 1 Any other umulative) month	Exit easons try into school 8 years Place AWC	No.

10.	Number of villages w	here meeting of Monitoring and Supe	ervision Committee held during the month	
11.	Number of AWCs who Committee meeting:		iscussed at Village Health and Sanitation	
12.	Meeting of Monitoring	g & Supervision Committee held: Yes	s / No	
13.	Give three key proble	ms with regard to RGSEAG - SABLA	Scheme and action taken by you	
	a) Problems:			
	b) Action Taken:			
Nar	ne of CDPO:	Signature	Date:	

Monthly Progress Report of RGSEAG - SABLA by District Programme Officer

1)	Reporting Month and Year:			/			
•							
2)	Name of District:			/			
3)	a. No. of Sectors/Projects in RGSEAG - SABLA District:						
	b. No. of AWCs in RGSEAG - SABLA District:						
	c. No of AWCs for which the MPR is being submitted:						
4)	Beneficiary Coverage:						
4(<i>A</i>	A). Nutrition Component						
	Category	No Take Home Ratio	of Beneficiari	ooked Meal (HCM)	Rate per AG		
		(THR)	1101 0	ookea meai (Hom)			
	a. 11- 14 years: Out of						
	School						
	b. 14 – 18 years: All (i) In-School						
	(ii) Out of School						
4	(ii) Average Nutrition Days in the month (iii) Nutritional Status*: Number of Girls with Nutritional Grades Normal (N) Malnourished (M) * Formula: BMI (in kg/m²) = Weight (in kg) ÷ (Height in m)² (BMI below 18.5 is underweight and BMI between 18.5 & 23.5 is normal) 4(B). Non-Nutrition Component: Subject No. of girls a) Received IFA tablets b) Received Health check-up c) Attended 2 Nutrition & Health Education Counseling d) Attended 3 Family Welfare, ARSH & Child Care Practices counseling e) Attended 2 Life Skill Education counseling f) Exposure visit to at least 1 public service (attach details) g) Vocational Training received (16-18 years) (Attach details)						
5) 6)	Total number of Guidance / Co		onducted duri	ng the month			
	New Entrants			Exit			
	Reason	Number	R	leasons	Number		
	Dropped out of school			try into school			
	Turned 11 years		Completed 18 years				
	Any other		Any other				
7)	Kishori Samooh:						
	a) No. of of Kishori Samooh formed (cumulative)						
	b) No. of Sakhi / Sahelis trained in the month						
		e Sabla Kits available		Place			
	d) Non-nutrition services provided at:			Place	Number		
	,				Number		
	,			AWC	Number		
	,				Number		

8)	a. Number of AWCs visited by ICDS Supervisors this month for RGSEAG - SABLA monitoring:							
	b. Number of AWCs v	risited by ICDS CDPOs this month for	RGSEAG - SABLA monitoring	:				
	c. Number of AWCs visited by DPO this month for RGSEAG - SABLA monitoring:							
9)	Number of AWCs wh	ere Kishori Diwas was celebrated this month:						
10)	Number of villages	er of villages where meeting of Monitoring and Supervision Committee held during the						
11)	Number of AWCs where RGSEAG - SABLA issues were discussed at Village Health and Sanitation Committee meeting:							
12)	District-level RGSEAG - SABLA Monitoring and Supervision Committee meeting held this month?							
	Yes/No							
13)	Give three key proble a) Problems:	ms with regard to Scheme and action	• •					
	b) Action Taken:							
Nar	ne of DPO:	Signature	Date:					